

RCM RAMADAN TOOLKIT

A practical guide to making the most of the blessed month - by Imam Abdullah Jaber



1. The Door That Opened for You

Some people planned for this Ramadan. They didn't make it. You did. Every morning you wake up in Ramadan is Allah saying: You still have time.

Du'a: **اَلْحَمْدُ لِلّٰهِ الَّذِيْ اٰخِيَانًا بَعْدَ مَا اَمَاتَنَا بِهٖ** وَإِنِّهٖ النَّشُوْرُ All praise to Allah who gave us life after death.

Takeaway: Ramadan starts with gratitude, not only ambition.

2. The Quiet Inventory

Before you add anything, ask: What habit needs to go? What behavior disqualifies my fast?

The Prophet ﷺ said: If you don't give up false speech and harmful behavior, Allah has no need for your hunger.

Takeaway: Your To-Not-Do list may be your most important worship.

3. The Things You Already Know

No hidden rituals. No secret codes. Ramadan just asks: Will you mean it this time?

You know how to pray. You know how to read Qur'an. You know how to make du'a.

Takeaway: Consistency with sincerity softens and reforms the heart.

4. The Phone Call You've Been Avoiding

The Sahaba wouldn't let Ramadan arrive with resentment in their chests.

Allah asks: **اَلَا تُحِبُّوْنَ اَنْ يَغْفِرَ اِلٰهٌ لَّكُمْ** - Do you not love that Allah should forgive you?

Takeaway: Before Ramadan asks for your time, it asks for your humility.

5. Three Sentences That Can Carry a Month

يَا مُقَلَّبَ الْقُلُوْبِ ثَبَّتْ قَلْبِيْ عَلٰى دِيْنِكَ - O Turner of hearts, keep my heart firm on your Deen.

رَبَّنَا اٰتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْاٰخِرَةِ حَسَنَةً **وَقِنَا عَذَابَ النَّارِ**

Our Lord, grant us good in this world and good in the Hereafter, and protect us from the punishment of the

فِرَقِ اَللّٰهُمَّ اِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاَعْفُ عَنِّيْ

O Allah You love to forgive—so forgive me.

Takeaway: Whoever holds to these three has asked for everything.

6. Small Words, Heavy Weight

You don't need silence, a mat, or a mood. Just a tongue that remembers.

- **Subhānallāh** – Glory be to Allah
- **Alhamdulillāh** – All praise to Allah
- **Allāhu Akbar** – Allah is greater

Takeaway: Some worship walks with you, not sits on a shelf.

7. The Hour When You're Weakest

Right before *iftār*, you're tired. That's when Allah listens closest.

ذَهَبَ الْيَظْمُ وَأَبْتَلَّتِ الْعُرُوقُ وَثَبَّتِ الْأَجْرَانِ
The thirst has gone, the veins - شاءَ اللهُ -
are moistened, and the reward is
.confirmed, if Allah wills

The Prophet ﷺ said: The *du'ā* of the fasting person until *iftār* is not rejected.

Takeaway: Make *du'ā* when you feel human and weak, not only when you feel spiritual.

8. Money That Purifies You

Zakāh is obedience. Sadaqah is the softening of the heart.

In Ramadan, the Prophet's ﷺ generosity flowed like a wind sent forth — reaching all without hesitation.

Takeaway: If Ramadan doesn't loosen your grip, it missed something.

9. Who You're Quietly Becoming

Allah describes success by character, not busyness:

- Humble in prayer
- Gentle on earth
- Careful with words
- Patient under pressure

Takeaway: Ramadan is about who you are after, not for 30 days.

10. The Month That Remembers You

Ramadan doesn't care about your spreadsheet. It watches your heart.

You were here. You tried. You turned back.

May Allah accept that turning. May He forgive completely.

Āmīn.

Zakat ul-Fitr



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MY RAMADAN TOOLKIT

A Special Month Just for Me



1. WHAT IS RAMADAN?

Ramadan is a special month from Allah where we:

- Fast to learn patience
- Pray to get closer to Allah
- Are extra kind and gentle
- Try to be our best selves

Remember:

Ramadan is not about being perfect. It's about trying.

2. WHEN I WAKE UP (SUHUR TIME)

When I wake up early, I am doing something very special. Even if I'm sleepy, Allah sees my effort.

Du'ā Before Fasting

نَوَيْتُ صَوْمَ غَدٍ لِئَلَّا أَتَعَالَى

O My Allah I want to fast for you tomorrow.

You don't have to say this out loud—Allah knows what's in your heart!

3. THINGS I TRY NOT TO DO

In Ramadan, we watch our stomachs AND our words, hands, and hearts.

I try to:

- Not lie
- Not say mean things
- Not fight or yell
- Not hurt anyone's feelings

Why?

Because Ramadan helps my heart grow strong.

4. GOOD THINGS I TRY TO DO

I try my best to:

- Pray my prayers
- Say du'ā
- Read or listen to Qur'an
- Help my parents
- Be kind to my siblings
- Share my toys or snacks

Even one good deed makes Allah happy!

5. DU'AS I CAN SAY ANYTIME

Du'ā #1: Asking Allah to Help My Heart

يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ

Ya Muqallibal qulūb, thabbit qalbī 'alā dīnik.

Meaning: O My Allah, keep my heart strong in Your religion.

Du'ā #2: A Du'ā for Everything

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الآخِرَةِ حَسَنَةً

Rabbanā ātinā fi ad-dunyā ḥasanah wa fi al-ākhirah ḥasanah.

Meaning: O my Allah, give us good in this life and good in the next life.

Even saying them quietly counts!

6. EASY WORDS ALLAH LOVES

I can say these anytime—in the car, before bed, or while waiting!

- **Subhānallāh** – Allah is perfect
- **Alhamdulillah** – Thank You, Allah
- **Allāhu Akbar** – Allah is the Greatest

Even saying them quietly counts!

And guess what? 🌱

The Prophet ﷺ said that when we say these words, Allah plants a tree for us in Jannah. So every dhikr is a tree in your garden. **Keep planting.** 🌿

7. WHEN IT'S TIME TO BREAK THE FAST (IFTĀR)

Right before iftār is a very special time. Allah listens closely to du'ā.

Du'ā at Iftār
ذَهَبَ الظَّمَأُ وَأَبْتَلَّتِ الْعُرُوقُ وَتَبَّتِ الْأَعْيُنُ
إِنْ شَاءَ اللَّهُ

Dhahaba az-zamā'u wa wabtalat al-urūq wa thabbata al-ajr in shā'a Allāh.

Meaning: I'm not thirsty anymore, and Allah has a reward for me.

Allah is proud of you for trying!

8. SHARING MAKES ALLAH HAPPY

In Ramadan, we try to share more. I can:

- Give money for charity
- Help feed someone
- Share my food
- Make du'ā for people who need help

Sharing is a kind of worship!

9. NIGHT TIME IS SPECIAL TOO

At night during Ramadan:

- Families pray together
- Masjids are full
- Angels come down
- Allah forgives everyone who ask Him

Think: What is one good thing I did today for Allah?

10. MY RAMADAN GOAL

This Ramadan, I want to try to be:

- Kind
- Patient
- Thankful
- Helpful
- Honest

Allah loves when I try—even if I make mistakes.

Allah loves you.

Allah sees your effort.

Allah is proud when you try.

RAMADAN
MUBARAK!